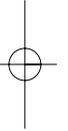


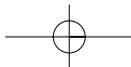
DISCOVERY

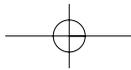
Discipling Programme for Young People

Leaders Notes



**INTERNATIONAL HEADQUARTERS
101 QUEEN VICTORIA STREET, LONDON EC4P 4EP**



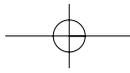


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**Artwork by Berni Georges
Typeset by THQ Print and Design Unit**



DISCOVERY

LEADER'S NOTES

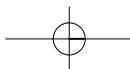
The Purpose of the Course

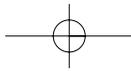
Discovery has been written to assist in the development of Christian understanding and experience at a critical period in the life of young people who are associated with The Salvation Army. The Corps Cadet Brigade has been the means by which this work has traditionally been done but the course is suitable to be used not only by corps cadets but also by other similar groups working with young people.

The years of adolescence are among the most important in the formation of character and in settling beliefs and behaviour. Many people make their essential spiritual decisions and decide on their lifetime commitments during teenage years. It is the time when young people begin to think logically and critically. At school they are taught to question and evaluate all that they are told. As a consequence they will sometimes doubt what they accepted as young children. Any course in Christian spiritual development must be presented in ways that will enable the young people to discover the truth of the faith for themselves. It is essential at this point of their development that the faith of their family, their church and their community becomes personal and real to the young people themselves.

This course is intended to provide those who study it with a means to express their faith *and their doubts* in a safe environment. It especially invites those who undertake the advanced grade of questions to think about the questions raised for themselves. There is often no simple correct answer to the question posed and those who lead the discussions and mark the answers will have to expect a wide variety of ideas to be expressed. This will provide opportunities for the leader to guide and prompt the young people in their thinking.

The course is intended to appeal both to the head and the heart. It should provide good material for study but it should also prompt a spiritual response from those who use it. It is our prayer that it will be a means by which many will come to know Christ for themselves.





The study course

The *Discovery* material supplied by the International Literature Programme consists of a three-year course of study for young people from the age of 13 years. It contains material that can be studied at two levels. The first level is suitable for young people who are commencing their secondary education and have a reasonable understanding of English either as their first language or as a second language. The second, more advanced, level is intended for young people in the second half of their secondary education and assumes an ability to form their own judgments and to express their own views in English.

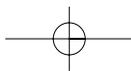
Therefore the material can be used twice by each student, forming a six-year course of Christian studies.

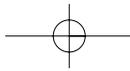
The course books

The three course books (A, B and C) each cover one complete year of the course. The course is designed to commence in January each year. This is important since the biblical studies are designed to coincide with the major festivals of the Christian year.

Each course book contains lessons divided into 12 months with four weekly lessons in each month. Thus there are 48 lessons provided for each year. This will allow for the inevitable interruptions to the programme of studies due to holidays or other factors during the year.

To facilitate easy use of the material it has been set out with each week's study on a new page with separate sections clearly highlighted.





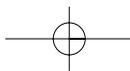
Course content

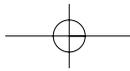
Bible Studies

- The first two weeks in each month are devoted to the study of Scripture.
- The whole of the first year and the first three months of the second year focus on the Gospels as the very heart of our Scripture study. The chronology of Luke's Gospel is followed but material from the other synoptic Gospels and from John's Gospel is included. The three months' study in the second year concentrates on the final week in Jerusalem with its climax at Calvary and the Resurrection coinciding with the approach to Easter.
- Months four to eight in the second year cover the significant beginnings and growth of the Church as recorded in the Acts of the Apostles.
- Months nine to 12 in the second year give a brief introduction to the teaching of the New Testament Epistles.
- Third-year studies give an overview of the Old Testament, concentrating on the leading characters through the period of the patriarchs, the monarchy, the prophets and including lessons on the Psalms.

Christian Living Studies

- The third week in each month of the course is given to a series of studies in Christian beliefs and lifestyle. These have been specially designed to deal with the situations in which young people may find themselves.
- A series of set books will be used for this part of the course. They will all be available through the International Literature Programme.
- The first of these is a book by Commissioner Shaw Clifton entitled *Never the Same Again*. This book, originally written for the commissioner's son, deals with conversion, Christian lifestyles, church commitment and doctrine, especially the doctrine of holiness.
- Other books in this part of the course will include a book on evangelism by Major Ken Lawson entitled *Nothing without Love*. Other material on doctrinal subjects and relationships with other faiths will be included in the notes.



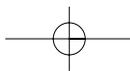


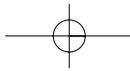
Salvation Army Studies

- The fourth week in each month is given to studies specifically related to The Salvation Army.
- The whole of the first-year studies and a section of the second year will be based on a new compilation of stories from Salvation Army history called *Heroes of the Faith*. In addition to the Founders and early-day Salvationists this book features stories from men and women officers from every continent. Together they give a picture of the effective work of the Army.
- Further studies will include material on Salvation Army characteristics, beliefs and standards of conduct and the significance of senior soldiery in the Army.

Local Practical Studies

- Four times in each year a week has been designated for local practical work. Because of the need to approach this in ways that are culturally relevant it has been decided to leave this entirely to the initiative of the local leaders. What is envisaged is some practical work that will stimulate the young people and give them an insight into effective Christian service. In addition to the four designated classes it is to be hoped that the group will participate in the regular worship, witness and service of the corps. The leader should arrange for activities that will feature the young people on a regular basis. Here are some ideas about a range of training activities which may be relevant to your situation.
- How to give a testimony. Basic training in sharing honest, simple, up-to-date experience in a way that will help others.
- Public speaking training. How to speak so that a congregation can hear what you say. The use of gesture and facial expression. How to use speaking notes without being tied to them.
- Public Scripture reading. How to read Bible passages clearly so as to bring out the meaning.
- How to lead an open-air meeting. The choice of theme songs and readings. How to attract and interest a crowd of people.
- How to pray in public.





- The principles of pastoral ministry. What to say and do when visiting in someone else's home. How long to stay. The use of Scripture and prayer. Suitable subjects for conversation. The purpose of the visit.
- Children's ministry. How to interest and help younger children to hear the gospel.

All of this training should then be followed up by practical experience of speaking in meetings, conducting open-air meetings, helping with children's activities and undertaking visits.

Symbols Used



Each week's programme has a suggested subject for prayers. This is indicated by this symbol.



There is also a subject for discussion provided each week. This will allow the young people to share their ideas with you and their friends. This is indicated by this symbol.



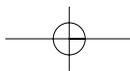
The passages from the Bible or the textbooks are shown by this symbol.

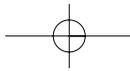


There are two suggested questions for each lesson. The Standard grade is indicated by this symbol.



Those who would like to try a more demanding question will find this marked by this symbol. Leaders should offer advice about which set of questions to answer.



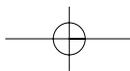


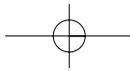
These Charts indicate how the syllabus of the course has been designed

Corps Cadet Studies Year One

	Month One	Month Two	Month Three
Week 1	The turning point Luke 2, John 1	Getting ready Luke 3, John 1	Starting the work Luke 4
Week 2	God's plan for the world. Two babies Luke 1-2, Matt 2	What might have been! Luke 4	Follow me Luke 5, John 1
Week 3	What have I done? <i>NTSA 1-5</i>	What have I done? <i>NTSA 6-11</i>	Can I be sure I'm saved? <i>NTSA 13-20</i>
Week 4	William Booth <i>HOTF</i>	Joel Matunjwa <i>HOTF</i>	Local practical studies

	Month Four	Month Five	Month Six
Week 1	A new kind of Kingdom Mark 1, John 18	He healed them all Luke 4-5, 7-9	Questions! Questions! Luke 5-7
Week 2	The Kingdom is like this Luke 8,13	Your faith has saved you Luke 5,8,18	Great teaching Luke 6, Matt 5-6
Week 3	What are the ground rules? <i>NTSA 23-32</i>	What are the ground rules? <i>NTSA 33-42</i>	Can I have a role model? <i>NTSA 45-53</i>
Week 4	Catherine Booth <i>HOTF</i>	Gunpei Yamamuro <i>HOTF</i>	Local practical studies



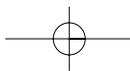


	Month Seven	Month Eight	Month Nine
Week 1	Teach us to pray Luke 11, Matt 6-7	A personal conversation John 3	Too much of a good thing? Luke 10
Week 2	You are God's Messiah Luke 9, Matt 14	Another personal conversation John 4	Not enough of a good thing Luke 11-12
Week 3	Can I have a role model? <i>NTSA</i> 53-61	How much like Jesus can I be? <i>NTSA</i> 62-70	How much like Jesus can I be? <i>NTSA</i> 70-78
Week 4	George S. Railton <i>HOTF</i>	Eduardo Palaci <i>HOTF</i>	Local practical studies

	Month 10	Month 11	Month 12
Week 1	Don't be afraid Luke 12-13	Lost and found Luke 15	Jericho – next stop Jerusalem Luke 18-19
Week 2	Nature miracles Luke 8-9, John 2	It's a hard life! Luke 18	Jerusalem at last Luke 19, John 12
Week 3	Will God equip me to serve him? <i>NTSA</i> 81-85	Will God equip me to serve him? <i>NTSA</i> 85-93	What are the gifts of the Spirit? <i>NTSA</i> 95-107
Week 4	Kate Lee <i>HOTF</i>	Kawl Khuma <i>HOTF</i>	Local practical studies

NTSA = *Never the Same Again* by Shaw Clifton, published by Crest
HOTF = *Heroes of the Faith* published by International Headquarters

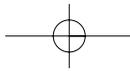
Both books are available through the International Literature Programme



Corps Cadet Studies Year Two

	Month One	Month Two	Month Three
Week 1	Holy Week teaching Luke 20-21	Comfort and challenge John 14-16	Crucified, dead and buried Luke 23:26-56
Week 2	The farewell meeting Luke 22:14-38, John 13	Failing followers, unjust judges Matthew 26:26-27:31	Hallelujah! Christ arose Luke 24, John 20-21
Week 3	Will I ever be a saint? NTSA 109-117	Will I ever be a saint? NTSA 117-123	What about my money? NTSA 125-139
Week 4	Bramwell Booth <i>HOTF</i>	Leah Davids <i>HOTF</i>	Local practical studies

	Month Four	Month Five	Month Six
Week 1	The Holy Spirit comes Acts 2:1-43	Challenging the authorities Acts 5:12-42	A light on the road Acts 9:1-31
Week 2	The Church grows Acts 2:43-4:35	Seven helpers Acts 6-7	No barriers Acts 10-11
Week 3	Can I witness? NTSA 141-150	What about my job, my studies? NTSA 153-163	Can I really rely on God? NTSA 165-171
Week 4	Mary Styles <i>HOTF</i>	Charles Péan <i>HOTF</i>	Local practical studies



	Month Seven	Month Eight	Month Nine
Week 1	Missionaries Acts 13-14	Back to Jerusalem Acts 21	Freedom in Christ Galatians
Week 2	Crossing continents Acts 16-17	Faithful to the end Acts 27-28	Problems solved 1 and 2 Corinthians
Week 3	What is evangelism? NWL 1-4	Resources for evangelism NWL 5-9	Think before you act NWL 9-13
Week 4	Joyful worship SA characteristics	Practical service SA characteristics	Local practical studies

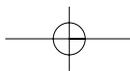
	Month 10	Month 11	Month 12
Week 1	To live is Christ Philippians	Advice to a young friend 1 and 2 Timothy	The better way Hebrews
Week 2	God's great plan Colossians	Love one another 1 John	Paul's gospel Romans
Week 3	Where can I start? NWL 13-16	What do I need? NWL 16-21	Making a start NWL 21-29
Week 4	International fellowship SA characteristics	Signs and symbols SA characteristics	Local practical studies

NTSA = *Never the Same Again* by Shaw Clifton, published by Crest

HOTF = *Heroes of the Faith* published by International Headquarters

NWL = *Nothing without Love* by Ken Lawson published by International Headquarters

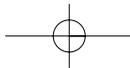
These books are available through the International Literature Programme



Corps Cadet Studies Year Three

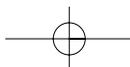
	Month One	Month Two	Month Three
Week 1	Creation Genesis 1-2	Abraham Genesis 12-22	Joseph Genesis 37-45
Week 2	The Fall Genesis 3-9	Jacob Genesis 25-33	Moses Exodus 1-15
Week 3	Word of the living God	The God who is never alone	God's eternal Son
Week 4	Why join?	What are the conditions?	Local practical studies

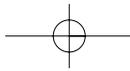
	Month Four	Month Five	Month Six
Week1	God's law Exodus 16-40	The time of the judges Judges 6-7, 13-16	Saul 1 Samuel 8-12, 15, 19
Week 2	Joshua Joshua 1-8, 23-24	Samuel 1 Samuel 1-3, 9-10	David 1 Samuel 16-17, 24 2 Samuel 2, 7, 11-12, 23
Week 3	The Holy Spirit Lord and giver of life	Distorted image	Salvation story
Week 4	What do we believe?	Living a Christian life	Local practical Studies



	Month Seven	Month Eight	Month Nine
Week 1	Solomon and a Divided Kingdom 1 Kings 2-3, 8, 12	Amos and Hosea Amos 5, Hosea 1, 3	Jeremiah Jeremiah 1, 18, 29, 31
Week 2	Elijah 1 Kings 17-19	Isaiah Isaiah 6-7, 9, 11, 35	Exile in Babylon Ezekiel 1-2, 34, 37, 43
Week 3	The Christian and other faiths	The Christian and other faiths	The Christian and other faiths
Week 4	Salvationists and their families	Salvationists and their resources	Local practical studies

	Month 10	Month 11	Month 12
Week 1	Messages of hope Isaiah 40, 43, 53, 55	Jonah Jonah 1-4	The Songs of Israel Psalms
Week 2	Going home to Jerusalem Ezra 1, 3, 6 Nehemiah 1-5	Daniel Daniel 1-6	Waiting for Jesus Malachi 3 Micah 4, Joel 2
Week 3	The Christian and other faiths	The Christian and other faiths	The Christian and other faiths
Week 4	Salvationists and abstinence	Salvationists and commitment	Local practical studies





The leader

The role of the leader of the group is vital and challenging. Most of those who are entrusted with the leadership of a group of young people will feel, to some extent, inadequate for the task, but the promise is that the Holy Spirit will empower you, give you the right words to say and help you to understand those whom you are called to lead. There are a number of different skills that will need to be developed.

The leader as a teacher

The task of leadership is that of a teacher. This includes two basic skills.

- **You need to know and understand the material that is to be shared with the young people.**

Most mature Christians will have some knowledge of the Scripture passages that are at the heart of the course. It is important for the leader to be conversant with all the Bible references, the comments in the notes and the passages from the textbooks well in advance of the class. If you have access to Bible commentaries you will find these helpful in understanding some of the points that are raised. Some of the issues discussed in the Christian Living lessons are quite complex. It is important for the leader to understand and think through these issues before the class is held.

Opportunities to undertake personal study in Bible, doctrine and SA history may be available to the leader. It would be wise policy to increase your own knowledge but you should ensure that any course is in keeping with sound Christian standards. If in doubt you should check the suitability of any course with your own leaders.

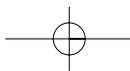
- **You need the ability to communicate with the young people.**

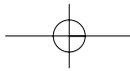
It is not enough to know the subject. The leader must carefully consider how this can be presented in a way that will interest the young people and remain with them long after the class has concluded. Most leaders of our young people's groups will not have received professional training as teachers, however, it is possible to achieve very good results. Some ideas about preparation and presentation will be given later.

If there are training courses for leaders of youth groups or teachers available in your area it would be wise to undertake such courses as a part of your own personal development. In some situations your Territorial Headquarters may be able to offer suitable courses.

The leader as a guide, counsellor and friend

Even though teaching skills are important for the leader it is also of great





importance that you are seen to be the spiritual guide and good friend of the young people in the group.

- **You need to build a good relationship with each member of the group.**

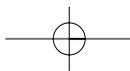
The leader's position is one of trust. This must be earned by the quality of care and interest that you show in the young people. The trust that the young people will have in you must never be exploited for unworthy or selfish ends. Particular care must be taken to ensure that relationships with the leader do not become personally emotional and dependent. Local laws and guidelines about relationships with young people must be scrupulously observed.

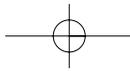
- **You need to cultivate an ability to listen to the young people.**

Adolescents often need a caring, responsible adult with whom they can share when it becomes difficult to discuss issues within the family. They may have personal problems to resolve, spiritual doubts that need discussion and guidance, or issues about relationships with other young people that need a listening ear. This may well be the role of the leader of the group. The key task is to listen carefully to what the young people are saying. If there are matters that need to be shared with parents or others then the leader should help the young people to tell the facts themselves. The leaders should be approachable and sympathetic but also uphold Christian standards in all that is said.

The leader as an example

Finally the leader of the group of young people should be an example of Christian living. What you do – how you live – will be far more important than any words that you say or any skill that you bring to the task. The evidence of your own relationship with Christ and of the empowering of the Holy Spirit is the fundamental qualification for all work with young people.





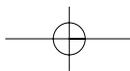
The Class

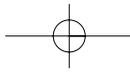
Preparation

- Begin your preparation with prayer for yourself and your group. Seek God's guidance about the lesson to be presented.
- Read the Bible or textbook passages quoted in the study guide. Then read the study guide notes including the suggestions for prayer, discussion and the questions posed.
- From this material prepare an outline of the lesson as you will present it. Identify a clear aim for each class and the key thoughts and words that need to be taught. The aim will reflect the abilities of your young people as well as the material provided. Write down your aim and key words as a prompt to follow during the class. This will prevent the class from wandering into unprofitable areas of discussion. Add your own ideas for activities and questions and decide on the order in which you will arrange the different elements of the class.
- Prepare some answers to the questions and some responses to the discussion subject that will enable you to suggest ideas to the group.
- Choose relevant songs and choruses for the worship section of the class.
- A written lesson plan will ensure all key points are remembered.
- Offer your preparation to God and seek his blessing on it.
- Review your leadership of the class when it is over. Did you achieve your aim? What did the young people learn? Why not ask them what they have learned?

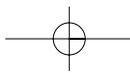
What should be included in the class?

- Every class should include an element of worship. It is important that the experience of the young people should be different from a secular school.
- The worship can be at the beginning or at the end of the class time. If you are going to use the suggested prayer topic it would be best to place the worship after the study period. This should be a time of inspiration when the presence of God is powerfully felt by the young people.
- Include singing and music to which the members of the group can relate and in which they can participate.





- Take time to pray publicly and experiment with different ways of prayer – silent, vocal, set and extempore.
- If you have access to pictures or sounds that will help to create the right atmosphere, use these.
- With encouragement the young people could present their own imaginative ideas of worship. This involvement in the planning of the class will maintain their interest.
- It is a good idea to introduce an element of fun into the class. Not everything should be serious. You may introduce some games into class activity. Here are a few ideas that you may consider. There are many others that you may know.
 - * Ask someone to speak for 60 seconds on a given subject and get the others to stop them if they hesitate, repeat themselves or change the subject.
 - * Pin the name of a Bible character to the back of one of the group. Get the others to tell the life story of this character so that the one chosen can guess what the name on their back is.
 - * Tell a Bible story by using 'role play' with the young people acting out the parts.
 - * Singing games can be used to help young people remember the words and music of Army songs.
 - * Quizzes based on work already done or general knowledge will stimulate the young people and help them to remember.
- The study section of the class should begin by reading the Scripture, textbooks and notes. This can either be done silently or the material read aloud.
- Ask questions to make sure that the young people have understood the material. The role of the leader is to prompt and guide and not to lecture.
- Remember that people learn in different ways. Some of your students will learn most by listening, others by talking and others by action.

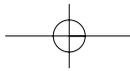


- If possible the class should be divided into the groups studying the two grades of question.
- Use the suggested discussion topic to involve the young people in thinking about the issues. Often there is no one 'correct answer' to the question posed for discussion. Be ready to hear, challenge, or accept a wide variety of ideas from the young people. Let them challenge each other until a sound view emerges from the discussion.
- An essay question is set for the two grades for each lesson. You will need to decide the length of the essay. If all of these are completed the young people will write 48 essays each year. This may be too many for some situations. If this is so you may want to offer a choice from each month's questions.
- Your Territorial Headquarters will determine the policy on the number of essays to be completed and the arrangements for marking the lessons. They may award certificates for successful completion of the course.
- It may be best for the young people to write their essay in class. If so you will need to allow sufficient time and space for them to do so. In other situations the young people may take the questions away and bring their answers back the following week.
- It is important that the young people receive their written work back after it has been marked. Encouragement by the marker will ensure that more work is done.

Conducting the class

Two principles need to be remembered in connection with conducting the class.

- There needs to be consistency in the arrangements so that the young people can rely on a regular class with good-quality preparation. Avoid last minute cancellations of classes. Try to ensure that the class is held at the same time on the same day and in the same venue, unless some new venture is planned. The class should be a priority in your corps programme and should not be sacrificed for other activities.
- There needs to be variety in the way the class is presented. If you are to maintain the interest of the young people there should as often as possible be some surprises in the way you present the class. Varying the order in which the various elements are used is one way to achieve this. Bringing in visitors to the class can also increase the level of interest. Including some practical work as suggested will also bring valuable changes.



Good working practice

- Treat everyone with dignity and respect
- Be a good role model and example for young people to follow
- Plan activities which involve more than one person being present
- Respect personal privacy
- Be sensitive to the needs and feelings of others
- Provide access for young people to talk to others about any concerns they may have
- Remember that someone else might misinterpret your actions no matter how well intentioned
- Be available, but ready to refer to someone more experienced
- Challenge unacceptable behaviour, if necessary reporting it to your leaders
- Follow accepted Salvation Army policies relating to all activities with young people
- Avoid jumping to conclusions without checking the facts
- Avoid favouritism to any individual

Finally

We hope that you will find the material useful and that you will feel a real sense of fulfilment in the work you have agreed to do. A good teacher – a good leader – makes a tremendous impression on young people. They will remember you for the rest of their lives. May the Lord, whom you love, be with you as you serve the next generation.

