

Session 30: Community Project

Aspire Programme

Purpose: To carry out any last minute community project tasks/discussions.

OR

To celebrate/reflect on the community project, debrief the experience of the project.

Note: This session's plan is left free for you to plan! Feel free to fill out the table on the next page, or just follow the guideline below:

Complete prior to the session- ask your Aspire group which activities they enjoy doing!

- Icebreaker:

Gear:

- Icebreaker/loosener:

Gear:

- Hot and Not/connect!

Either:

- Discuss the community project. Clarify again roles and responsibilities.

OR

- Debrief the community project:

Environment extraction:

Ask the group to spend 10 minutes going into the surrounding area (if you trust the group enough to go outside, ask them to grab something from nature) that represents how they found the community project went, representing what role you felt you played.

Debrief the whole process using:

What?

So what?

Now what?

Finnish with any activities the young people request, OR spend some time relaxing with them and connecting.

Time	What	Description	Equipment